Level Two Club Coach Course Outline

## Course Structure

Title: IJA Club Coach Accrediting Body: IJA / Sport Ireland Coaching Level: 2

The aim of the course is to provide coaches with the ability to coach participants in the sport of Judo in a safe, enjoyable and progressive way. The coach will have an all-round ability on which participates will practice and perform in the sport of Judo. The course covers 5 areas of coaching which will allow the coach to provide specific assistance to players in those areas

The following is a brief overview of the modules and what you can expect to learn on the course,

Module 1 Player/Athlete Pathways and Development

Module 2 Coaching, Roles, Styles, Values and Ethics

Module 3 Coaching Practice

Module 4 Coaching Performance

Module 5 Lifestyle 2

The course has a blended learning approach with some course content being delivered online through Moodle while other areas of the course are delivered on the mat and in a classroom environment.

Assessment Requirements:

The assessment requirements are as follows

1. Portfolio (to be completed and submitted for grading by the start of weekend 3)
2. Practical demonstration on conducting a training session (day 4)
3. Online Moodle questions (to be completed between 1st weekend and 3nd weekend)

Course Tutor:

Our team of friendly, qualified and competent tutors will deliver the course content in a practical, relaxed and interactive way. The tutor will give guidance and support to the participant during the course - this is done on a one to one basis or in a group setting.

Important Information for Pre-Registration

1. Judoka must hold a grade of Black Belt - 1st Dan or above.
2. Judoka must be over 19 years of age.
3. Judoka must hold an IJA Level 1 coaching award for a minimum of 1 year prior to registration (or equivalent from country of origin).
4. Completed forms must be returned to IJA office with payment to secure your place on the course. Note: The following points 4-7 are pre-requirements for certification - all course participants must provide original or copies of certification to the IJA office by the end of the course. The links below will allow you to contact the relevant organisations and arrange training and certification.
5. NVB E Invitation Form must completed & submitted to the Garda Vetting Officer. Please email: [admin@irishjudoassociation.ie](mailto:admin@irishjudoassociation.ie) for the NVB E Invitation Form or see <https://irishjudoassociation.ie/policies-forms/>
6. Safeguarding 1 Certificate must be provided by end of course (19th January 2020) with valid future date of at least 3 months – please see the following link to register with your Local Sports Partnership to obtain your certificate.

See: ​<https://shar.es/1FNObt>

1. First Aid Certificate must be provided by end of course (19th January 2020) with valid future date of at least 3 months - please see the following link to register

<http://www.redcross.ie/first-aid-training/>

<http://www.orderofmaltaireland.org/first-aid-training-courses/>

<http://www.stjohn.ie/>

Email: [resusfirstaidireland@gmail.com](mailto:resusfirstaidireland@gmail.com) contact Ray Stears

1. The course fee is non-refundable for cancellation within 14 days of the course start date. Places are limited, so please book early.

NB Apply for your NVB E Invitation, Safeguarding 1 Certificate & First Aid Certificate at an early stage to ensure no delays nearer certification time.

# Level Two Coaching Course Registration Form

## Course Details

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| Course Title: | Club Coach Level 2 |
| Duration: | 6 days over two weekends. |
| Dates: - |  |
| Weekend 1 | 19th & 20th October 2019 |
| Weekend 2  Weekend 3 | 23rd & 24th November 2019  18th & 19th January 2020 |
| Venue: | Caheronan Commercial Centre, Athenry, Galway |
| Host Province: | Connaught |
| Course Fee: | €400 (includes lunch) discount to €350 if registered before 30th September 2019  Payment Plan available if required – contact [deirdre.leonard@irishjudoassociation.ie](mailto:deirdre.leonard@irishjudoassociation.ie) to discuss same |
| Closing Date: | CLOSING DATE for registration before Thursday 10th October 2019 |

## Payment Options

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|  | (Tick Box) |  |
| Cheque or Postal Order |  | Payable to ‘Irish Judo Association’ |
| Paypal |  | To members@irishjudoassociation.ie |
| Lodge funds to IJA Account- |  | Account Name: Irish Judo Association |
|  |  | Bank Name: Bank of Ireland  *IBAN: IE88 BOFI 9005 1956 3348 35*  *BIC: BOFIIE2D*  *Narrative: ‘Your Name & IJA20004’* |

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| Personal Details (required for certification)  |  |  |  |  | | --- | --- | --- | --- | | Name: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date of Birth: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Address: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | Club: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | IJA License Number: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | Grade: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Mobile Number: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |

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| Dietary Requirements: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Email Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_