



# Irish Judo Association

## Coaching Program Registration Form

**Course Title:** Assistant Coach Level 1

**Duration:** 4 days over two weekends.

**Dates: -**  
Weekend 1 14<sup>th</sup> October 2017 & 15<sup>th</sup> October 2017  
Weekend 2 11<sup>th</sup> November 2017 & 12<sup>th</sup> November 2017

**Venue** UCC Studio 1 (Class Room)  
UCC Mardyke Arena (Practical)  
Mardyke Walk  
Cork City  
Cork

**Host Club** UCC Judo Club

**Course Fee** €175.00  
**(CLOSING DATE for registration Monday 9<sup>th</sup> October 2017)**

### Payment options

- 1 Cheque or postal order
- 2 Paypal
- 3 Lodge funds to IJA Account

### Tick

- Payable to 'Irish Judo Association'  
 To members@irishjudoassociation.ie  
 Account Name: Irish Judo Association  
Bank Name: Bank of Ireland  
IBAN: IE88 BOFI 9005 1956 3348 35  
BIC: BOFIE2D  
Narrative: 'Course IJA10017'

### Personal Details (\* indicated a field required for certification)

Name\*: \_\_\_\_\_

Address\*: \_\_\_\_\_

DOB\*: \_\_\_\_\_ Mobile\*:- \_\_\_\_\_

Grade\*:- \_\_\_\_\_ IJA Number\*: \_\_\_\_\_

Email address\*:- \_\_\_\_\_



# Irish Judo Association

## Important Information for Pre-Registration

1. Judoka must hold a grade of Blue belt (2nd KYU) or above.
2. Judoka must be over 18 years of age.
3. NVB E Invitation Form must be completed & submitted to the Garda Vetting Officer. Please email: [admin@irishjudoassociation.ie](mailto:admin@irishjudoassociation.ie) for the NVB E Invitation Form.
4. Completed forms must be returned to IJA office with payment to secure your place on the course.

**Note:** the following points 5-6 are a pre-requirement for certification - all course participants must provide original copies of certification to the IJA office by the end of the course. The links below will allow you to contact the relevant organisations and arrange training and certification.

5. Child Protection/Safeguarding Certificate must be provided by end of course with valid future date of at least 3 months – please see the following link to register with your Local Sports Partnership to obtain your certificate.

See: <https://shar.es/1FN0bt>

6. First Aid Certificate must be provided by end of course with valid future date of at least 3 months - please see the following link to register

<http://www.redcross.ie/first-aid-training/>

<http://www.orderofmaltaireland.org/first-aid-training-courses/>

<http://www.stjohn.ie/>

Email: [resusfirstaidireland@gmail.com](mailto:resusfirstaidireland@gmail.com) contact Ray Stears

7. **The course fee is non-refundable for cancellation within 14 days of the course start date. Places are limited, so please book early.**

**NB Apply for your NVB E Invitation, Safeguarding Certificate & First Aid Certificate at an early stage to ensure no delays nearer certification time.**

**Irish Judo Association**  
**Irish Sport HQ, National Sports Campus, Abbotstown, Dublin, D15 DY62**  
**Tel: 01 6251104 Email: [admin@irishjudoassociation.ie](mailto:admin@irishjudoassociation.ie)**  
**Company limited by Guarantee. Registration No. 112335.**  
**V.A.T. Reg No. IE4806869B**  
**President : Mr Seán Fleming**



# Irish Judo Association

## Course Information

**Title: Assistant Coach**

**Level: 1**

The aim of the course is to provide assistant coaches with the ability to introduce participants to the sport of Judo in a safe, enjoyable and progressive way. The assistant coach will have an all-round ability on which participants will base future involvement in the sport of Judo. The course covers 6 areas of coaching which will allow the coach to provide specific assistance to players in those areas.

The following is a brief overview of the modules and what you can expect to learn during the course:

- Module 1 History and Evolution of Judo
- Module 2 Coaching, Roles, Styles, Values and Ethics
- Module 3 Health and Safety
- Module 4 Coaching Practice and Performance
- Module 5 Judo Rules and Etiquette
- Module 6 Lifestyle

The course has a blended learning approach with some course content being delivered online while other areas of the course are delivered on the mat and in a classroom environment.

## Assessment Requirements:

The assessment requirements are as follows:

1. Online questions (to be completed between 1<sup>st</sup> weekend and 2<sup>nd</sup> weekend)
2. Portfolio (to be completed between 1<sup>st</sup> weekend and 2<sup>nd</sup> weekend)
3. Practical demonstration on delivering a training session (day 4)

## Course Tutor:

Our team of friendly, qualified and competent tutors will deliver the course content in a practical, relaxed and interactive way. The tutor will give guidance and support to the participant during the course - this is done on a one to one basis or in a group setting.