



What's Happening Wednesday – 13.05.2020 #WHW

Staying away from the people we love and the things we enjoy is not easy. But it's us at our best – taking care of each other, supporting the people on the frontline and the people most at risk in communities across the country. As the judo community we must support and encourage all our members to support the measures put in place to protect us all. Holding firm for each other [#HoldFirm](#)

Exceptional times require exceptional measures, however even now when many of us need to live in a confined environment; there are ways to practice judo safely. The most commonly asked question some of you will be asked is 'When will we get back to judo?' If we are honest none of us know the answer but work has been done to put together advice to guide clubs what they can do when authority guidelines allow.

We have attached a document from the IJF Medical Commission to provide possible protocols under which the practice of judo may be resumed if strict hygienic measures and government regulations are kept. The aim of these guidelines is to mitigate the risk of Covid-19 infection as much as possible at club level, as the danger cannot be eliminated without an effective and comprehensive Covid-19 testing or vaccination programme.

<https://www.ijf.org/news/show/recommended-protocols-during-covid-19-pandemic>

These recommended protocols are dynamic, and they may be revised according to World Health Organisation and Government guidelines if necessary. Our advice is that clubs are proactive in preparation for a return to mat activity. Many of you have been innovative in your efforts to continue links with your membership. Over the next few weeks we would like to share these methods with the rest of the Irish judo community. As club leaders, we would encourage you to cooperate with each other and share ideas – 'Coaches Corner' will be a great resource for our clubs.

Dates have been set for the 2020 & 2021 All Ireland's and 2021 Irish Open

2020 All Ireland's: 5th December 2020

2021 Irish Open: 27th March 2021

2021 All Ireland's: 11th December 2021

Fanacht sábháilte agus sláintiúil



IRISH JUDO ASSOCIATION



#HOLDFIRM



SPÓRT ÉIREANN
SPORT IRELAND