



Level Two Club Coach Course Outline

Course Structure

Title: IJA Club Coach **Accrediting Body:** IJA / Sport Ireland Coaching **Level:** 2

The aim of the course is to provide coaches with the ability to coach participants in the sport of Judo in a safe, enjoyable and progressive way. The coach will have an all-round ability on which participants will practice and perform in the sport of Judo. The course covers 5 areas of coaching which will allow the coach to provide specific assistance to players in those areas

The following is a brief overview of the modules and what you can expect to learn on the course,

Module 1 Player/Athlete Pathways and Development

Module 2 Coaching, Roles, Styles, Values and Ethics

Module 3 Coaching Practice

Module 4 Coaching Performance

Module 5 Lifestyle 2

The course has a blended learning approach with some course content being delivered online through Moodle while other areas of the course are delivered on the mat and in a classroom environment.

Assessment Requirements:

The assessment requirements are as follows

1. Portfolio (to be completed and submitted for grading by the start of weekend 3)
2. Practical demonstration on conducting a training session (day 4)
3. Online Moodle questions (to be completed between 1st weekend and 3rd weekend)

Course Coach Developer:

Our team of friendly, qualified, and competent coach developers will deliver the course content in a practical, relaxed and interactive way. The coach developer will give guidance and support to the participant during the course - this is done on a one-to-one basis or in a group setting.



IRISH JUDO ASSOCIATION

Important Information for Pre-Registration

1. Judoka must hold a grade of Black Belt - 1st Dan or above & hold their IJA licence for 2022.
2. Judoka must be over 19 years of age.
3. Judoka must hold an IJA Level 1 coaching award for a minimum of 1 year prior to registration (or equivalent from country of origin).
4. Completed forms must be returned to IJA office with payment to secure your place on the course.
5. The course fee is non-refundable for cancellation within 14 days of the course start date. Places are limited, so please book early.

Full Daily Schedule will be provided after registration has closed, but please be mindful that participants should note registration times & start times will be as early as 9.30am each day and finish no earlier than 5pm each day

Advisory Information

IJA Club Compliance Policy requires all active Level 1 & Level 2 coaches to hold the following:

1. Appropriate Coaching Certificate
2. Vetting (valid for a three-year period)
3. Safeguarding 1 (valid for a three-year period)
4. First Aid (valid for a three-year period/expiry date of certificate)

IJA Coach Passes for IJA events will only be issued to those coaches who have all of the above documentation in place and provided the coach is listed on the Active Coach register in the relevant IJA affiliated club.

Links to Compliance Requirements

1. Vetting - please request a NVB E Invitation Form, please email: admin@irishjudoassociation.ie
2. Safeguarding 1 – please see the following link to register with your Local Sports Partnership See: <https://shar.es/1FNObt>
3. First Aid Certificate please see recommended First Aid course suppliers
Resus First Aid email: resusfirstaidireland@gmail.com contact Ray Stears
Croke Training Services Galway email: finolacroke@yahoo.com or 087-900010



IRISH JUDO ASSOCIATION

Level Two Coaching Course Registration Form

Course Details

Course Title: Club Coach Level 2

Duration: 6 days

Dates: - **W1** 21st & 22nd January 2023, **W2** 25th & 26th February 2023
W3 25th & 26th March 2023

Venue: Ashbourne Community School Sports Hall, Ashbourne, Co Meath
A84 T925

Course Fee: €375.00
Payment Plan available if required – contact
deirdre.leonard@irishjudoassociation.ie to discuss same

Closing Date: CLOSING DATE for registration before 17th January 2023

Payment Options

(Tick Box)

Paypal To members@irishjudoassociation.ie

Lodge funds to IJA Account- Account Name: Irish Judo Association

Bank Name: Bank of Ireland
IBAN: IE88 BOFI 9005 1956 3348 35
BIC: BOFIE2D
Narrative: 'Your Name & IJA20008'

Personal Details (required for certification)

Name: _____ Date of Birth: _____

Address: _____

Club: _____ IJA License Number: _____

Grade: _____ Mobile Number: _____

Email Address: _____