



PLAYER/FAMILIES CHECKLIST

In order to try to help our players we created this basic event checklist. Please be aware that you may need some items that were not included in this document and is the player's responsibility to bring whatever is needed for the event including items that are not added below.

- **Flight boarding pass.** Please print your boarding passes.
- **Passports.** Must be valid for at least 6 months from the date of arrival, and you must bring it with you.
- **Locus Parentis Form.** If you are a minor(U18) your guardian MUST sign and you Must bring it for the trip.
- **Approved Judogi** All Judoka must compete in IJF Approved Judogi Blue and White one. (only red label allowed) and Judogis from all IJF suppliers are allowed (see the video for the Judogi rules https://www.ijf.org/news/show/judogi-control-guarantees-fair-play?fbclid=IwAR1aFG3KczO--2jQ93GibkF9o9WhxQuJ_krM4fjAu-Y-DnRvO_RgYdma9wM or visit <https://www.ijf.org/supplier-list>).

Note: Judogi Control will be operated with a Sokuteiki prior to the fight. Judogi must have an IJF Official Label "APPROVED JUDOGI" with an optical code that cannot be falsified. The label will be controlled with an optical lamp. Each of the competition clothing articles (jacket, trousers, and belt) must have an IJF official label.

- **Judogi.** Bring two official Judogis at least for the competition white & blue + at least one extra Judogi in white or 1x blue for the warm-up/training camp.
- **Back number** Each competitor taking part in the EJU events is obliged to have sewn on the back of his Judogi the official back number (both EJU and IJF are allowed) bearing his surname and his National Olympic Committee abbreviation. The back number can be ordered from www.mybacknumber.com or www.officialbacknumber.com (Attention: production and delivery may take around 4 weeks).
- **European Health Insurance Card.** If you do not bring this and get injured in any EU you will have to pay in order to attend the hospital.
- **Finger tape** In case you need to use it for your finger.
- **Shin pads,** we advise you to bring the Judo-approved shin pads.
- **Belt.** bring your official IJF Judo belt if you are a black belt.
- **Sandals/Flip Flops.** Bring a pair of them.