



Irish Judo Association – Anti-Doping Policy

The Irish Judo Association's (hereinafter "the IJA") policy is that doping is contrary to the spirit of sport, members and athlete support personnel have a duty to ensure that the sport is free of doping. The IJA is fully committed to ensuring doping has no place in the sport of Judo. The Irish Judo Association adopts and enforces, through its' rules and regulations, the Irish Anti-Doping Rules as published by Sport Ireland, as amended from time to time as contained in the Constitution of the Irish Judo Association (Article 2.2 (e) and Article 26).

Anti-Doping Policy

The anti-doping rules of the Association are the Irish Anti-Doping Rules as published by Sport Ireland and as amended from time to time by Sport Ireland. The Association accepts the right of IJF, EJU, Sport Ireland, Sport NI, the Olympic Federation of Ireland, or duly authorised representatives of such bodies, to dope test, in accordance with law, any Member both in-competition and out of competition (i.e., un-announced testing).

It shall be a fundamental condition of membership of the Association, in addition to any other provisions concerning membership and the various categories of membership as laid down in these Articles that Members submit to and comply with any dope testing by The Association or any of the bodies referred to in the constitution of the Irish Judo Association.

Members are strictly and solely responsible for ensuring compliance for themselves with the Irish Anti-Doping Rules and/or any other anti-doping rules published by the IJF, the Olympic Federation of Ireland, Sport Ireland, or Sport NI from time to time and members recognise and agree that the Association has no liability of any kind whatsoever in this regard.

A complete copy of the Irish Anti-Doping Rules is available at:

<https://www.sportireland.ie/anti-doping-rules>

Medicine Checker Website

Sport Ireland Anti-Doping Unit announced they would be launching the new medicine checker website on Wednesday 11th January 2023. The website will be available via the following URL medcheck.sportireland.ie. This resource is where athletes can now check the status in sport of all medication purchased in the ROI. Remember all athletes must check the status of all medication before consumption. Global Dro is the Medicine Checker Website for medicines purchased in Northern Ireland or the United Kingdom URL

<https://www.globaldro.com/uk/search>

Supplements

With regards to the use of Supplements, the Irish Judo Association adopts the same policy as Sport Ireland. Athletes and Athlete Support Personnel need to be aware that there are risks associated with the use of sports supplements with many positive drug tests associated with their use. For more information, read the Sport Ireland Policy at: <https://www.sportireland.ie/news/supplement-guidelines>



IRISH JUDO ASSOCIATION

Who to ask for further information?

For any queries regarding anti-doping in the Irish Judo Association please contact the Anti-Doping Officer:
Ms. Deirdre Leonard Tel: 01 -6251104 Email: deirdre.leonard@irishjudoassociation.ie

Sport Ireland Anti-Doping Unit: The Courtyard, Sport Ireland Campus, D15 PNON Tel: 01 8608800
Email: antidoping@sportireland.ie Web: www.sportireland.ie/anti-doping

Issued: 11.01.2023