



## Level Two Club Coach Course Outline

### Course Structure

**Title:** IJA Club Coach      **Accrediting Body:** IJA / Sport Ireland Coaching      **Level:** 2

The aim of the course is to provide coaches with the ability to coach participants in the sport of Judo in a safe, enjoyable and progressive way. The coach will have an all-round ability on which participants will practice and perform in the sport of Judo. The course covers 5 areas of coaching which will allow the coach to provide specific assistance to players in those areas

The following is a brief overview of the modules and what you can expect to learn on the course,

Module 1 Player/Athlete Pathways and Development

Module 2 Coaching, Roles, Styles, Values and Ethics

Module 3 Coaching Practice

Module 4 Coaching Performance

Module 5 Lifestyle 2

The course has a blended learning approach with some course content being delivered online through Moodle while other areas of the course are delivered on the mat and in a classroom environment.

### Assessment Requirements:

The assessment requirements are as follows:

1. Portfolio (to be completed and submitted for grading by the start of weekend 3)
2. Practical demonstration on conducting a training session (day 4)
3. Online Moodle questions (to be completed between 1<sup>st</sup> weekend and 3<sup>rd</sup> weekend)

### Course Coach Developer:

Our team of friendly, qualified, and competent coach developers will deliver the course content in a practical, relaxed, and interactive way. The coach developer will give guidance and support to the participant during the course - this is done on a one-to-one basis or in a group setting.



# IRISH JUDO ASSOCIATION

## Important Information for Pre-Registration

1. Judoka must hold a grade of Black Belt - 1<sup>st</sup> Dan or above & hold their IJA licence for 2025.
2. Judoka must be over 18 years of age.
3. Judoka must hold an IJA Level 1 coaching award for a minimum of 1 year prior to registration (or equivalent from country of origin).
4. Completed forms must be returned to IJA office with payment to secure your place on the course.
5. The course fee is non-refundable for cancellation within 3 days of the course start date. Places are limited, so please book early.

**\*\*\*Full Daily Schedule will be provided after registration has closed, but please be mindful that participants should note registration times & start times will be as early as 9.30am each day and finish no earlier than 5pm each day\*\*\***

## Advisory Information

IJA Club Compliance Policy requires all active Level 1 & Level 2 coaches to hold the following:

1. Appropriate Coaching Certificate
2. Vetting (valid for a three-year period)
3. Safeguarding 1 (valid for a three-year period)
4. First Aid (valid for a three-year period/expiry date of certificate)

IJA Coach Passes for IJA events will only be issued to those coaches who have all of the above documentation in place and provided the coach is listed on the Active Coach register in the relevant IJA affiliated club.

## Links to Compliance Requirements

1. Vetting - To request an NVB-1 Invitation Form, please email: [admin@irishjudoassociation.ie](mailto:admin@irishjudoassociation.ie)
2. Safeguarding 1 – Please see the following link to register with your Local Sports Partnership:  
<https://www.sportireland.ie/participation/lsp-contact-finder>
3. First Aid Certificate - Please see recommended First Aid course suppliers:  
**Resus First Aid** - email: [resusfirstaidireland@gmail.com](mailto:resusfirstaidireland@gmail.com) (contact: Ray Stears)  
**Croke Training Services Galway** - email: [finolacroke@yahoo.com](mailto:finolacroke@yahoo.com) or phone: 087-900010 (contact: Finola Croke)



# IRISH JUDO ASSOCIATION

## Level Two Coaching Course Registration Form

### Course Details:

Course Title:	<b>Sport Ireland/IJA Club Coach Level 2</b>
Duration:	<b>6 days</b>
Dates:	W1 - Day 1 & Day 2 – 29 <sup>th</sup> & 30 <sup>th</sup> of March 2025 W2 - Day 3 & Day 4 – 17 <sup>th</sup> & 18 <sup>th</sup> of May 2025 W2 - Day 3 & Day 4 – 14 <sup>th</sup> & 15 <sup>th</sup> of June 2025  <b>Non-Attendance of any of the above six days will impact on the Coach Qualification, participant will be deferred to next Level 2 course if any sessions are missed.</b>
Venue:	Ashbourne Community School Sports Hall, Ashbourne, Co Meath A84 T925
Course Fee:	<b>€375.00</b>  Payment Plan available if required – contact <a href="mailto:deirdre.leonard@irishjudoassociation.ie">deirdre.leonard@irishjudoassociation.ie</a> to discuss same
Closing Date:	<u>CLOSING DATE for registration: 5pm 24<sup>th</sup> of March 2025</u>  <b>If minimum course participants of at least 8 do not register, course will have to be cancelled</b>



# IRISH JUDO ASSOCIATION

## Personal Details (required for certification):

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Club: \_\_\_\_\_ IJA License Number: \_\_\_\_\_

Grade: \_\_\_\_\_ Mobile Number: \_\_\_\_\_

## Payment Options (Tick Box):

Paypal	<input type="checkbox"/>	To: members@irishjudoassociation.ie
Lodge funds to IJA Account-	<input type="checkbox"/>	Account Name: Irish Judo Association
		Bank Name: Bank of Ireland
		IBAN: IE88 BOFI 9005 1956 3348 35
		BIC: BOFIE2D
		Narrative: 'Your Name & IJA20011'

Email Address: \_\_\_\_\_

## Women in Sport Funding – Information

Female participants registering for the Sport Ireland Level 2 coaching course can be re-imbursed through the WIS funding received by the Irish Judo Association from Sport Ireland. Fees are paid up front for the coaching course. Female participants contact Ellie Dennis ([eleonor.dennis@irishjudoassociation.ie](mailto:eleonor.dennis@irishjudoassociation.ie)) to apply for re-imburement following successful completion of the coaching course.